



SPA & RELAXATION

## Wellness escapes

Les Terrasses d'Eze - Hôtel\*\*\*\* & Spa

*French Riviera*



Les Terrasses d'Eze\*\*\*\* - 1138 route de la Turbie - 06360 EZE - FRANCE  
[www.hotel-terrasses-deze.com](http://www.hotel-terrasses-deze.com)

# DISCONNECT

## UNWIND

# BREATHE

The Hôtel 'Les Terrasses d'Eze',  
a true well-being destination on the French Riviera,  
offers several packages for total relaxation.

Escape your everyday for a few days with our different stays  
to disconnect and recharge.

### WELLNESS SHORT BREAKS

Take a real break in your everyday life.  
In the programme: leisure, relaxation and recovery!

Telephone : 00 33 (0)4 93 29 80 68

Email: [reservation@hotel-terrasses-deze.com](mailto:reservation@hotel-terrasses-deze.com)

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# Wellness short breaks

## Recovery package - 2 days / 1 night

*Enjoy your stay to recover from a lack of sleep,  
decompress in absolute calm and regain vitality and energy...*

This package includes:

1 night, breakfast included

1 dinner at Tillac restaurant on half board (excluding beverages)

1 unlimited access to the Deep wellness Spa (upon booking)

1 floating room session (1h) **OR** 1 hydro-relaxation session with aquatizer (50 min - dry hydrojet massage bed)

Low season: from 445€ for 2 people in a double 'classic' room

Mid season : from 480€ for 2 people in a double 'classic' room

Season: from 515€ for 2 people in a double 'classic' room

High season: from 545€ for 2 people in a double 'classic' room

2024 rates VAT included in a 'classic' room- contact us for rates in other room type category



# Wellness short breaks

## Relaxation Package - 2 days / 1 night

*Pamper yourself with a relaxing Spa break ...*

This package includes:

1 night, breakfast included

1 dinner at Tillac restaurant on half board (excluding beverages)

1 unlimited access to the Deep wellness Spa (upon booking)

1 'Californian' massage (50 min)

**OR** 1 facial by Thalgo ('basic care of the sea' or 'Thalgomen' - 50 min)

*(duet cabin available upon request)*

Low season: from 525€ for 2 people in a double 'classic' room

Mid season: from 560€ for 2 people in a double 'classic' room

Season: from 595€ for 2 people in a double 'classic' room

High season: from 625€ for 2 people in a double 'classic' room

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# Wellness short breaks

## Detox package - 3 days / 2 nights

*Detoxify your body in our deep wellness area and enjoy a relaxing moment...*

This package includes:

2 nights, breakfast included

1 dinner at Tillac restaurant on half board (excluding beverages)

1 unlimited access to the Deep wellness Spa (upon booking)

1 Thalgo ritual (110 minutes)

*(including body scrub, wrap and massage)*

*(duet cabin available upon request)*

Low season: from 870€ for 2 people in a double 'classic' room

Mid season: from 940€ for 2 people in a double 'classic' room

Season: from 1010€ for 2 people in a double 'classic' room

High season: from 1070€ for 2 people in a double 'classic' room

2024 rates VAT included in a 'classic' room - contact us for rates in other room type category

